



*Costa Rican Sloth*

## Costa Rican Explorer

*Tortuguero, Arenal,  
& Manuel Antonio*

**8 Days / 7 Nights**

**\$2,595 - \$2,995 PP**

*Price Varies with Group Size  
and Travel Dates*



*Manuel Antonio National Park*

### Day 1 **Flight, San Jose, Tour & Dinner**

Depart on a **flight to San Jose, Costa Rica**. Arrive and have some time to get settled. Tonight, enjoy a **special welcome dinner and folklore show**, overlooking the city and central valley. **Overnight in the San Jose area.**

### Day 2 **Tortuguero National Park**

After **breakfast**, transfer by **motorcoach and canal boat in to Tortuguero National Park**, a tropical rain forest preserve and one of the best places to observe wildlife in Costa Rica! The canals, rivers, beaches, and lagoons of Tortuguero National Park are a study of rainforest, freshwater and marine biology. This afternoon, enjoy an excursion to Tortuguero town and **visit the Sea Turtle Conservancy Museum** where you will learn about Tortuguero being a protected nesting site of the endangered green sea turtle, as well as the giant leatherback, hawksbill, and loggerhead turtles as well. **Dinner and overnight at your Tortuguero resort.**

### Day 3 **Tortuguero National Park**

Today enjoy exploration and wildlife viewing on a **canal boat tour through the jungle canals** in Tortuguero National Park. Time will also be available for swimming, kayaking, hiking, and other resort amenities. **Dinner and overnight at your Tortuguero resort.**

### Day 4 **Arenal, Eco Farm & Hot Springs**

Check out and travel west across the country to the Arenal region. On arrival, enjoy a **visit to Don Juan's Eco Farm, Finca Burio**, where you will tour the self-sustaining organic farm and learn about planting and harvesting of native produce using environmentally-friendly methods, and their various medicinal and cooking uses. Enjoy making your own "trapiche" (sugar cane juice) and other local specialties to enjoy at your **dinner on the farm. Overnight in the Arenal area.**

### **Sample Tour Itinerary**

**Customize for your group, your preferences,  
your budget, your timeline!**

### Day 5 **Ziplining, Horseback Riding & Hot Springs**

This morning, enjoy an **Ecoglide Zipline Canopy tour in Arenal Volcano National Park** – where you will soar through the rainforest and ride the exciting 'Tarzan Swing'! This afternoon, enjoy a **guided horseback riding tour to see La Fortuna waterfalls** (and have the opportunity to swim in the pools under the falls!). Tonight, enjoy a **special dinner and evening soaking in the hot springs**, all heated by the underground lava from Arenal Volcano. **Overnight in the Arenal region.**

### Day 6 **Manuel Antonio & Night Hike**

Check out and depart this morning for Manuel Antonio Park on Costa Rica's Pacific Coast. Stop en route for lunch and some shopping for Costa Rican crafts. Continue on later this afternoon and check into your hotel near the park. Tonight, enjoy a **night hike through the Manuel Antonio jungle**, home to a large and diverse variety of mammals, flora and fauna, to experience the activity that comes alive when the sun goes down! **Dinner and overnight in Manuel Antonio.**

### Day 7 **Manuel Antonio Kayak Tour & Beach**

This morning, enjoy a **kayak tour through the mangroves, swamps & canals**, all-natural habitats and ecosystems filled with plant life, colorful birds, reptiles, amphibians, and mammals! Then, enjoy the afternoon in the sun on the white sand beaches of Manuel Antonio! This evening you will have a **special farewell fiesta dinner. Final overnight in Manuel Antonio.**

### Day 8 **Return Flight**

Transfer to the San Jose airport this morning for your **return international flight to the United States**. On arrival, return home by **private motorcoach.**



*Tortuguero National Park*